

## **What to Pack:**

- Parent Permission Form and Retreat Fee (\$90)
- Comfortable, modest clothes and shoes
- Jacket/sweater/sweatshirt (Check the weather report!)
- Refillable water bottle
- Bible
- Personal toiletries: soap, shampoo, toothbrush/paste, deodorant, flip flops, etc.
- Towels
- Bed sheets, blanket, and pillow (twin-size bed)
- Personal prescription medications you need (Speak with youth minister about this)
- Individual Snacks/Drinks to share
- Cell phones - may ONLY be used when authorized by youth ministers and chaperones